



More than Martial Arts!



Notice to Students

Full Uniform is Required
At each training class for
The months of
October,
November and December.

Put Your Name on All
Your Training Equipment

October 2010



Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
Word of the Week Look Up To	Grappling Nunchaku BUDDY WEEK and KEMPO T-SHIRT WK	Annual Food Drive Month				1	2RT Parent Coaching Workshop
3 Word of the Week Hold Dear	4 Nunchaku Short Stick	5 	6	7 Training In The Dark & Street Clothes	8	9 (Tentative) Universal Martial Arts Friendship Tournament	
10 Word of the Week Protect	11 Grappling Kama BUDDY WEEK Bring a Buddy Break a Board	12	13	14	15	16 Jedi Light Saber Class	
17 Word of the Week Treasure	18 Staff Kama Ask About Our Award Winning UNIVERSAL KARDIO KICKBOXING	19	20 Junior Black Belt Testing	21 	22 SH - FS Graduation All Students 6 to 7 P.M. NO CLASSES	23 Junior Black Belt Testing	
24 Word of the Week Cherish	25 Grappling Nunchaku BUDDY WEEK Bring a Buddy Break a Board	26	27	Word of the Month CARING		30 Child Safety & Adult Personal Protection	
31							

“A mother, is a person, who seeing there are only four pieces of pie, for five people, promptly announces, she never did care for pie. Life has taught me that respect, caring and love must be shared, for it's only through sharing that friendships are born.”

Donna A. Favors

Instructors Phone Numbers

- USAFA 440-0512
- East Central 591-0557
- Patrick Henry 573-5209
- Rustic Hill 683-8935
- Westside 534-0350
- West Central 578-0763
- Monument 591-0557
- Rockrimmon 522-1450
- Woodland Park 313-7979
- Cimarron Hills 661-3735
- Norwood 231-3557
- Summerfield 357-6557
- Garden of Gods 528-6968
- Stetson Hills 638-7075
- Meridian Ranch 573-5209
- Woodmen Hills 683-8935
- Egleridge 201-0924
- Wildflower 232-4310
- Fire Station 598-6046
- Patriot 638-8945
- Pikes Peak 314-6327
- Castle Rock 440-0512
- South West 303-524-2574
- Northgate 591-0557
- East Central II 591-0557
- Pine Creek 622-1025
- Springs Ranch 622-1025
- Mountain View 303-524-2574

Up Coming Events

- Nov 1st to 6th**
Universal SHOP TILL YOU DROP Sale
- Sat, Nov. 1st**
Universal Annual Fund Raiser
- Fri. Nov. 26th**
Parents Day Out— Kids Movie Day
- Sun, Dec. 19th**
Universal “Christmas Party and Awards Banquet”
- Mon, Jan. 3rd**
First Day of Training for the New Year