



**Remember:
TRAIN HARD
And have fun
learning the
new Cycle Level
Material!!!!**

More than Martial Arts!

“We all have a responsibility....
a responsibility to make a difference. To be
an influence, to lift someone. We are all in
this together to work out our salvation, to
reach our potential, and to be our brother's
keeper....To help each other.”

Marjorie Hinckley

Instructors Phone Numbers

USAFA	440-0512
East Central	591-0557
Patrick Henry	573-5209
Rustic Hill	683-8935
Westside	534-0350
West Central	578-0763
Monument	591-0557
Rockrimmon	522-1450
Woodland Park	313-7979
Cimarron Hills	661-3735
Norwood	231-3557
Summerfield	357-6557
Garden of Gods	528-6968
Stetson Hills	638-7075
Meridian Ranch	573-5209
Woodmen Hills	683-8935
Eagleridge	201-0924
Wildflower	232-4310
Fire Station	598-6046
Patriot	638-8945
Pikes Peak	314-6327
Castle Rock	440-0512
South West	303-524-2574
Northgate	591-0557
East Central II	591-0557
Pine Creek	622-1025
Springs Ranch	622-1025
Mountain View	303-524-2574

**Up Coming
Events**

Sat. Jul 17th
Alex Hoag Run For
Sunshine Demo

Tues, Jul 20th
Kempo Night Out @
Sky Sox Stadium
No Classes


Sat. Jul 24th
Christmas in July
Sale

Jul 21st & 24th
Junior Black Belt
Testing

Sat. Aug 7th
Ch Safety & Ad Per-
sonal Protection
Workshops

July 2010



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	1 Universal Annual Seminar in Nevada NO CLASSES	2 Universal Annual Seminar in Nevada NO CLASSES	3 Universal Annual Seminar in Nevada NO CLASSES
4 Word of the Week Duty	5 Nunchuku Short Stick BUDDY WEEK and KEMPO T-SHIRT WK	6 	7	8 Training In The Dark & Street Clothes	9	10 RT Parent Coaching Workshop
11 Word of the Week Pledge	12 Grappling Kama Ask About Our Award Winning UNIVERSAL KARDIO KICKBOXING	13	14 ASK ABOUT OUR UNIVERSAL BIRTHDAY PARTIES Have your next Party at Universal Kempo-Karate		15	16 17 Alex Hoag Run for Sunshine Demo
18 Word of the Week Obligation	19 Staff Kama BUDDY WEEK Bring a Buddy Break a Board	20 “Kempo Night Out” at Sky Sox Stadium	21 Junior Black Belt Testing 6:00 to 9pm	22	23 Junior → Black Belt → Testing → 7:30 to 10am	24 Christmas In July Sale
25 Word of the Week Honesty	26 Grappling Nunchaku	27	28 Word of the Month Responsibility		29	30 SH - FS Graduation All Students 6 to 7 P.M. NO CLASSES
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